

## **FREE TO LOVE**

*Galatians 5:1-15*

### **MAIN IDEAS FROM THIS WEEK**

1. THE LIFE JESUS FREES US FROM
2. THE LIFE JESUS FREES US FOR
3. HOW TO MOVE FROM THE OLD LIFE TO THE NEW

### **DISCUSSION QUESTIONS – Pick two or three of these to talk about as a group**

1. What was most helpful for you from this week's message? Why?
2. How would you define freedom? Our culture basically defines freedom as having autonomy to do whatever you want to do. The Bible defines freedom as bring free to live as you are designed to live. What's the difference?
3. True freedom, as defined by the Bible, requires restriction. We tend to understand this reality in the physical world. For example, if you want the freedom of a healthy body, you must restrict what you eat. What are some of the boundaries or constraints of spiritual freedom?
4. Justification means being as you ought to be. It means you know that you are enough, you have nothing to prove and nothing to hide. However, we all live with this "invisible weight" of knowing that something is wrong; we aren't what we ought to be. Where do you feel this weight of inadequacy in your life?
5. Jesus frees us from a life of self-justification where we try to use different things or people to fix what we quietly know is wrong with us. Do you tend to try to justify yourself more by looking to your own morality, ability and hard work or by looking to other people? What is the problem with both approaches? How is justification through Jesus different?
6. Jesus frees us to a life of self-giving love. Therefore, the degree to which we get away from a life of self-giving love is the degree to which we are enslaved. What evidence do you see in the world around you that a self-centered life is destructive? How exactly does Jesus free us to love in a self-giving way?
7. Have you personally experienced the self-giving love of God through Jesus? How would you describe your experience of this love?

**A TRUTH TO TAKE WITH YOU:** Jesus stood on trial for us so that we can finally leave the courtroom.