

THE FRUIT OF THE SPIRIT: GENTLENESS/ MEEKNESS

1 Samuel 26:7-14, 22-25

MAIN IDEAS FROM THIS WEEK

1. DAVID'S TEST AND THE NEED FOR MEEKNESS
2. DAVID'S RESPONSE AND THE PICTURE OF MEEKNESS
3. DAVID'S HOPE AND THE POWER FOR MEEKNESS

DISCUSSION QUESTIONS – Pick two or three of these to talk about as a group

1. What was most helpful for you from this week's message? Why?
2. Gentleness or meekness is the opposite to self-assertiveness and self-interest. It stems from trust in God's goodness and control over every situation. Where do you currently need meekness in your life? What situations are you trying to control that you need to let go of and surrender to God?
3. The opportunity to kill Saul in 1 Samuel 26 may have seemed to David like God opening a door for him. How do you think David was able to tell this was not God's way? How can looking at David's example help us discern the difference between a door being opened by God and us rashly taking things into our own hands?
4. Can you recall any other stories in the Bible where someone had to have patience and meekness through a long period of waiting on God. How did that story play out?
5. How would you introduce someone who doesn't share your faith or is a new believer to the truth that sometimes we will not understand God or the path He is leading us on in a way that won't sound divorced from reason and reality? How would you encourage them to cultivate meekness?
6. What evidence do you hold onto that helps you know that God is good and in control of all situations?

A TRUTH TO TAKE WITH YOU: The way forward through the most difficult times in life is to go back. Go back to the cross of Jesus Christ where we see that God is a God who can be trusted in every situation.