

THE FRUIT OF THE SPIRIT: KINDNESS

Titus 3:4-5 and Various other texts

MAIN IDEAS FROM THIS WEEK

1. OUR GOD IS KIND
2. JESUS IS KINDNESS INCARNATE
3. KINDNESS IS THE QUALITY OF THOSE WHO WORSHIP GOD
4. GO AND BE KIND!

DISCUSSION QUESTIONS – Pick two or three of these to talk about as a group

1. What was most helpful for you from this week's message? Why?
2. How has your understanding of kindness changed as a result of what Abraham shared on Sunday? How can you apply this new knowledge to make kindness more a part of your daily life?
3. One of the main ideas from this week's teaching is that "Jesus is kindness incarnate." You cannot know God without knowing He is kind. Share a time when you grew to know God better as a result of His kindness to you.
4. It is easy to be kind to someone who is kind to you. How do you cultivate kindness toward someone who is unkind to you? Where is the line between being kind and being an enabler of someone who is taking advantage of you?
5. Kindness is not driven by begrudging obligations, but instead by the Holy Spirit. What exactly are begrudging obligations? Where do they come from? How do they differ from Spirit-led kindness?
6. Abraham provided two simple questions we can ask that will help guide us as we seek to live lives of kindness: **1) If I were Christ, what would I do in this situation?** and **2) If the other person were Christ, what would I do in this situation?** Share a specific situation in your life where you are struggling with knowing what kindness looks like. Apply these questions to that situation. What answers did you come up with?

A TRUTH TO TAKE WITH YOU: Jesus is kindness incarnate. When we show kindness, we show Christ.